

APPETISERS & STARTERS

- Home-made Soup and bread roll *Please ask for today's soup* £3.50
 Black Olive Tapenade *Pâté made from Moroccan olives; smooth and rich. Served with hot pitta bread* £4.25
 The Jockey Prawn Cocktail £4.50
 Spicy Chicken Wings *Served sizzling with assorted dips* £4.95
 Whole Baked Camembert *Nice to share; stuffed with garlic and rosemary, served with french bread* £6.95
 Garlic Mushrooms *On a crisp crouton* £3.95
 Chilled Melon and Berries £3.50
 Chicken Liver Pâté *With salad leaves, home-made chutney and hot toast* £4.50
 Avocado and Prawns *Served with salad and Marie Rose sauce* £4.95
 Potato Skins *Deep fried and coated with bacon and cheese, then baked 'til golden; with assorted dips* £4.75
 Baked Egg *Poached egg on pâté, topped with prawns and cheese, then baked* £4.50

MAIN COURSES

- Sizzling Chicken
Strips of chicken breast cooked with onions and peppers in a black bean sauce, served with chips or new potatoes £7.95
 Chicken and Bacon Enchilada
Shredded chicken and bacon lightly spiced in soft flour pancakes topped with cheese and baked, served with sour cream dip £7.95
 Chicken Chilli and Prawns *Chicken breast with a light chilli and prawn sauce, served with veg and potatoes* £12.50
 Lasagne *With garlic bread and crisp salad* £6.95
 Garlic Baked Lamb Shank *Served on mashed potato with roasted vegetables and minted lamb gravy* £10.95
 Cod in a Crispy Beer Batter *With mushy peas and hand-cut chips* £7.95
 Chargrilled Sea Bass
Served on a bed of sun-dried tomatoes, olives and wild mushrooms, veg and garlic sautéed potatoes, coated with a fresh tomato sauce £10.95
 Warm Bacon and Avocado Salad *In a crisp tortilla basket with warm dressing* £6.95
Steaks and Grills *All our meat is well bred, well fed and well hung!*
 Sizzling Steak *Served with fried onions, chips or new potatoes* £5.95
ALL BELOW COOKED TO YOUR LIKING AND SERVED WITH HOME-MADE CHIPS, MUSHROOMS, CHERRY TOMATOES AND WATERCRESS
 12oz Gammon ~ £8.95 8oz Rump Steak ~ £9.50 8oz Sirloin Steak ~ £11.75
 8oz Fillet Steak ~ £16.95 16oz Rump Steak ~ £16.95
 Peppered 8oz Sirloin Steak *Studded with crushed peppercorns and served with peppercorn sauce* £13.50
 Creamy Peppercorn Sauce £2.50
 Fresh Garlic and Tomato Sauce £2.50
 Home-made Onion Rings £1.95

The Green Piece

- Vegetarian Enchilada *A large flour tortilla filled with roasted peppers, sautéed onions, tomatoes, chillies and cream coated in mozzarella cheese and baked 'til golden, served with sour cream* £6.95
 Mushroom Stroganoff *Button mushrooms cooked in cream and tarragon sauce served with basmati rice* £6.95
 Cauliflower Cheese *With home-made chips and salad* £5.95
 Vegetable Risotto *Pan fried vegetables poached with risotto rice, served with garlic bread* £6.95

Side Orders

- Hand-cut chips £1.75; New potatoes £1.50; Side salad £2.95; Vegetables £1.95; Buttered mushrooms £1.95;
 Home-made onion rings £1.95; Garlic bread £1.95; Bread roll and butter 60p

Please see the blackboard for Today's Specials